

ASSOCIATE IN APPLIED SCIENCE DEGREE PROGRAM

MASSAGE THERAPY

90 CREDIT HOURS DEGREE

This program is not offered at MSB Richfield campus or at the Minneapolis Learning Site.

OBJECTIVES

Upon completion of the Massage Therapy degree the student will possess the skills and knowledge for entry-level employment as a Massage Therapist. In addition, they will gain knowledge and skills in advanced massage techniques. Students will be able to provide evidence of competencies in communications, social sciences, humanities and fine arts, analytical and inferential reasoning, and the ability to learn on one's own. After successful completion of this program students will be eligible to take the NCETM certification exam offered by the National Certification Board of Therapeutic Massage and Bodywork (NCTMB) and/or the MBLEx licensing exam offered by the Federation of States Massage Therapy Board (FSMTB). Students will be eligible for professional membership in such associations as the American Massage Therapy Association (AMTA) and the Association of Bodywork and Massage Professionals (ABMP).

CORE REQUIREMENTS

Class #	Class Name	Credits
BS110	Business Communications	4
HS150	Kinesiology	4
HS156	CPR/First Aid/AED	1
HS265	Exercise Physiology	4
MA100	Medical Terminology	4
MA110	Anatomy & Physiology	5
MA120	Health Care Law & Ethics	4
MS106	Swedish Massage	2
MS151	Pathology for Massage Therapists	4
MS152	Pregnancy/Special Populations Massage	3
MS153	Myofascial Release	3
MS154	Hot Stone Massage/Spa Techniques	3
MS210	Business of Massage	4
MS215	Deep Tissue/Trigger Point Massage	3
MS256	Introduction to Thai/Energy Work	2
MS270	Sports Massage	3
MS271	Massage Externship	1
MS300	Craniosacral Therapy/Lymph Drainage Therapies	4
PD100	Student Success	1
PD250	Career Development	1
Total Core Minimum Requirement		60

Note: Students may be required to take Foundations of Mathematics I and/or II and Foundations of Writing I and/or II based on competency exam scores.

GENERAL EDUCATION REQUIREMENTS

To attain a degree, students must be well grounded in the liberal arts. Students pursuing an A.A.S. degree are required to earn a minimum of thirty (30) credits from the four liberal arts disciplines listed below. A minimum of three (3) credits must be earned within each discipline.

LIBERAL ARTS REQUIREMENTS

Class #	Class Name	Credits
COMMUNICATIONS		
CM111	Speech Communications	4
CM121	Composition (required)	4
CM200	Intercultural Communications	4
CM210	Creative Writing	4
CM220	Art of Persuasion	4
CM230	Mass Communication	4
CM320	Writing & Research	4
SOCIAL SCIENCE		
SS116	Introduction to Psychology	4
SS130	Law in Society	4
SS140	Interpersonal Relations (required)	4
SS145	Introduction to Macroeconomics	4
SS200	Introduction to Microeconomics	4
SS205	Sociology	4
SS210	Developmental Psychology	4
SS230	Psychology of Personality	4
SS311	Human Behavior	4
SS330	Comparative Economic Systems	4
SS360	Abnormal Psychology	4
NATURAL SCIENCE & MATHEMATICS		
NS100	Biology	5
NS110	Environmental Issues	5
NS116	College Algebra I	4
NS120	Earth Science	5
NS125	Chemistry Today *	5
NS135	Microbiology	4
NS140	Anatomy & Physiology I	4
NS150	Anatomy & Physiology II	4
NS216	College Algebra II	4
NS301	Statistics I	5
NS350	Statistics II	5
HUMANITIES		
HU100	Introduction to Humanities	4
HU121	Film in Society	4
HU130	Spanish I	4
HU150	Introduction to Literature	4
HU200	Art in the Modern World	4
HU230	Spanish II	4
HU310	The Novel	4
HU315	World Literature	4
Total Liberal Arts Minimum Requirement		30
Total Credit Requirement		90

* Offered only at Richfield Campus

Note: Anatomy and Physiology I & II are required liberal arts for massage students planning to apply for licensure in North Dakota and are highly recommended for all other massage students.